



# LONGFELLOW'S INDOOR TRIATHLON RELAY FUNDRAISER FOR

## CALL2TALK

WE'RE HERE TO LISTEN

**Saturday, February 7th, 7pm**  
Longfellow Health Club Natick

**Call2Talk** provides a confidential and lifesaving service by offering emotional support to people who are often lonely, struggling, desperate and maybe potentially suicidal. They are a 501(c)(3) nonprofit emotional support, mental health and suicide prevention program based in Massachusetts.

### Registration Fee:

Relay Team (3 people) \$100

### Events:

Lap swim - 10 minutes

Stationary Spin Bike - 30 minutes

Treadmill - 20 minutes

*The person with the longest distance covered wins.*

**3 divisions: Open, Female, Male**

**In Memory of our friend Ed Wike  
who passed suddenly in 2023**

Register with the QR code or through  
this website: <http://bit.ly/3IIBPpl>



**Register Here!**

